

Cascina Montessino, 20

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Country House  
**Montessino**  
Art • Wellness • Relaxation



## General Conditions for Yoga-Retreats of 1 week / 7 nights

### Our services:

- ✓ Welcome Drink
- ✓ Overnight stay in our new double rooms (twin bed) with en-suite bathroom with shower (1/2 Double room per person)
- ✓ Kettle with a selection of teas in the room
- ✓ Free stay for the yoga teacher in a double room or in case of longer stays in our dependance
- ✓ 6 x brunch in the morning with local and self-made specialities
- ✓ 1 x breakfast buffet on the day of departure
- ✓ 4 x veggie dinner in house, incl. mineral water (various starters, salads, main course and dessert)
- ✓ 1 x homemade pizza & salads evening
- ✓ water, tea and fruits are available during the stay.  
Coffee can always be purchased at a small surcharge.
- ✓ Room cleaning every 2nd day
- ✓ Free use of saltwater pool, jacuzzi, yoga room, gym, Zen-Island
- ✓ Free Wi-Fi
- ✓ Free parking space
- ✓ Personal assistance during your stay
- ✓ Exclusivity of whole infrastructure



### At extra charge:

- 2 x dinner at external agriturismi in the area. Mainly wine producers with possibility of wine tasting. Car pooling with own cars.
- Wine and aperitives
- [Massages](#) in our massage studio, executed by a professional
- Use of Sauna (open October to April), min. 3 people
- Pool towel, bathrobe
- Pick up from airports Milano Malpensa, Milano Linate, Torino Caselle or train station Alessandria or Asti.
- Wine tasting
- Guided Nordic Walking Tours
- Guided E-Bike Tours (very popular)



### Group size:

Minimum participants: 8 PAX

Maximum participants: 13 PAX + Yoga teacher

### Check-in:

Check-in after 3 pm

Check-out: latest 11 am



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## Payment terms

In order to confirm your reservation, down payment of 30% calculated on 8 participants, is due. The balance is due 7 days before arrival via bank wire or cash on arrival.

- As from 8 paying participants, free board and lodging apply for the yoga teacher (1 person)
- Our mansion has only 6 double rooms. Double rooms for single occupancy are possible for an extra charge of €420/week. Thank you for your understanding.

## Cancellation Terms

Whole infrastructure of Country House Montessino is in exclusivity of the retreat. For cancellations more than 90 days prior to the event, down payment is paid back. Less than 90 days down payment will not be refunded, but can be credited within two years for a new booking.

No refund if participants interrupt their stay prematurely. Cancellation can only be made in writing. The date of receipt shall be decisive.

## General information

Please note, that although we normally are on Bed&Breakfast basis, we hire a professional chef for retreat dinners. All menus are vegetarian. Please inform us in advance of any food allergies or incompatibilities. For Vegans we have to charge €5/day due to the additional effort. Thank you for your comprehension.

10 yoga mats, 12 yoga blocks, 16 belts, 14 blankets are available and free of charge.

If you wish, we can actively support your yoga retreat with marketing activities on our website, socials, newsletter, etc.

Should you have any questions or require further information, please do not hesitate to contact us.

*Claudia & Alessandro Cardamone-Brombin*

COUNTRY HOUSE MONTESSINO

IT-15038 Ottiglio (AL) Tel: +39 340741 1729

[www.bnb-montessino-piemonte.com](http://www.bnb-montessino-piemonte.com)

Ottiglio, September 2022

