

Cascina Montessino, 20  
15038 Ottiglio (AL)  
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E: stay@countryhousemontessino.com  
T: +39 340 741 1729  
P.IVA: 02542240060

# Country House Montessino

Art • Wellness • Relaxation



## General conditions for Yoga-Retreats of f.e. 4 nights

Our services:

- ✓ Welcome Drink
- ✓ Overnight stay in our double rooms (twin) with en-suite bathroom (1/2 Double room per person)
- ✓ Kettle with a selection of organic teas in every room
- ✓ Early morning cookies, water, tea, coffee, fruits
- ✓ 3 x daily changing, balanced, vegetarian brunches
- ✓ 1 x rich breakfast buffet on the day of departure
- ✓ 3 x veggie dinner in house, incl. mineral water (various starters, salads, main course and dessert)
- ✓ If requested, accompaniment to the external dinner(s) in the surrounding area – Carpooling with own car, 5-8 km
- ✓ Free water, tea, coffee and fruits during the stay
- ✓ Free use of saltwater pool, jacuzzi, yoga room, gym, Zen-Island
- ✓ Free Wi-Fi
- ✓ Free parking space
- ✓ Personal assistance during your stay
- ✓ Free board and lodging for the yoga teacher (1 person) in the main house or in the holiday home as **from 10 paying participants onwards**. Due to the limited number of rooms, a single room for the yoga teacher is not always possible.
- ✓ Room cleaning every 2nd day
- ✓ Whole infrastructure of Country House Montessino is in exclusivity of the retreat group

We value individuality, so dinner(s) at nearby restaurants (within 3–8 km) is/are not included in the price. Payment is made directly at the restaurant/agriturismo.

At extra charge:

- Wine, Aperitifs, Softdrinks
- Massages in our massage studio, executed by a professional. On reservation only.
- Use of Sauna, €45 for 3 hrs, incl. sauna towel and lemon water
- Pool towel €4, Bathrobe €6
- Pick up from airports Milano Malpensa, Milano Linate, Torino Caselle or train station Vercelli, Alessandria or Asti.
- Wine and olive oil tasting
- E-MTB Rentals, with or without guide (very popular)

Check-in/out:

Check-in after 2 pm

Check-out latest 11 am. Please leave the rooms latest 10 am.



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### Payment terms

In order to confirm your reservation, down payment of 30% calculated on 8 participants, is due. The balance is due 7 days before arrival via bank wire or cash on arrival.

### Cancellation Terms

If the minimum number of 8 paying participants is not reached by 74 days before the retreat start, the retreat will be cancelled and the rooms released with a refund of 90% of the deposit. No refund for early termination of the stay by the participants.

### Minimum number of participants / Groupe size

8 participants, on public holidays 10 participants. Please note that **free board and lodging for one yoga instructor is applying as from 10 paying participants**. If 10 participants are not reached normal registration fee applies also to the teacher.

### General information

- 18 yoga mats, 12 yoga blocks, 16 belts, 12 blankets are available in the yoga shala and free of charge.
- Your yoga retreat will also be published on our homepage and in our newsletter. If you do not agree, please let us know.
- Brunches & Dinners: Please note that we do not operate a regular restaurant. For our retreats, we hire external chefs who prepare a fixed, traditional Italian menu. Due to this organizational structure and the spatial conditions in our kitchen, we are unfortunately not able to guarantee the absence of cross-contamination. Therefore, **we cannot accommodate food allergies** (regardless of severity) or offer **special dietary options such as a strictly vegan diet**. As we cannot ensure absolute safety standards for these specific needs, we choose to act with the utmost responsibility and transparency. Thank you for your understanding.
- If you wish, we can actively support your yoga retreat with marketing activities on our website, socials, newsletter, etc.

### Validity:

As from 1<sup>st</sup> October 2025 onwards

Should you have any questions or require further information, please do not hesitate to contact us.

*Claudia & Alessandro Cardamone-Brombin*

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[www.countryhousemontessino.com](http://www.countryhousemontessino.com)

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